

LET'S BUILD AN AMAZING FITNESS COMMUNITY: PLUS-TWO

We want to build an awesome fitness community here, so we're asking for your input. Who are your "Plus-Two" friends, family, co-workers, or neighbours who could benefit from personal training?

Your two referrals (a.k.a. your "Plus-Two") will each receive a FREE transformation coaching session where I will help them outline their goals and a path to get there.

So, who comes to mind when you think of your Plus-Two?

YOUR NAME: _____

PLUS ONE:

Full Name: _____

Contact Number: _____

Relationship: _____

E-mail (optional): _____

PLUS TWO:

Full Name: _____

Contact Number: _____

Relationship: _____

E-mail (optional): _____

THANKS FOR HELPING SPREAD THE GIFT OF IMPROVED HEALTH AND FITNESS!